SPECIFICATION SHEETFall protection



Rope Grab with 2' Lanyard Pack-Style Energy Absorber - One Small Snap Hook

CCK330

2' (0.6m)

The Kosto rope grab with a 2-foot (0.6 m) mini-pack-style energy absorber lanyard is engineered for safety and efficiency in demanding work environments. Constructed from high-strength steel, this rope grab is built to endure the rigors of heavy-duty use while delivering dependable fall protection.

Its innovative energy absorber system activates automatically, enabling handsfree operation—an essential feature for professionals working at height. The 2foot lanyard is easily detachable at any point along the safety line, offering enhanced flexibility and convenience across a range of tasks.

Compatible with Kosto 5/8" vertical lifelines (models CCK400 and CCK450), this system is ideal for ensuring maximum safety in a variety of applications.

Material	
1" Webbing	100% Polyester
Small Snap hook	Zinc Coated Steel
Rope Grab	Zinc Coated Steel
Energy absorber	Polyester tear-away

Capacity:

59-141kg (130-310lbs) (weight range including equipment)

Technical Data

Minimum Breaking Strength: 5,000lbs, 22kN

Maximum Free-Fall Distance: 1.2m (4')

Maximum deployment: 0.6m, (2')

Average arresting force: 3kN, 674lbs

Maximum arresting force: 8kN, 1800lbs

Certification

Certified

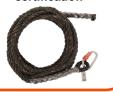
⇒ CSA Z259.2.5-17

Meets and Exceeds

- ⇒ ANSI Z359.15-2024,
- ⇒ ANSI A10.32-12
- ⇒ OSHA 1910, OSHA 1926 Subpart M.

Small double action snap hook with 3/4" opening, designed for secure connection to the harness's dorsal D-ring.

The Kosto rope grab
CCK330 can only be used
in combination with Kosto
vertical lifelines CCK450
or CCK400. Failure to do
so will void the CSA
certification



Zinc-coated steel rope grab engages automatically to arrest a fall, keeping your hands free and ensuring reliable protection during vertical movement.

1" polyester lanyard

Label protector
 Instruction manual QR Code

Mini-pack-style energy absorber

Included in the roofer's kit **CRK105**





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Associate Products

Covers the ABC of fall protection: Anchor points, Body support (harnesses), Connecting devices (lanyards) - ensuring complete safety at height.









Maintenance and Inspection

Maintenance

- Clean after each use to maintain safety and durability.
- Remove any dust, corrosive material or contaminants.
- If the fall protection system cannot be cleaned with clean water, use mild soap and water, then rinse and wipe dry.
- NEVER clean the fall protection system with corrosive materials.
- Hang to dry in a cool dry place and store in a bag when completely dry

Inspection

- Before EVERY use, inspect the fall protection system for defects.
- IMMEDIATELY remove the fall protection system from service if any defects or damage are found, or if it is exposed to fall arrest forces.
- At least every 12 months, a competent person other than the user shall inspect the harness.

Important

- Always follow the manufacturer's instructions provided with this lanyard.
- Carefully read and fully understand all instructions before using the product.
- Improper use of this equipment can result in serious injury or death.
- Avoid contact with sharp edges or abrasive surfaces that could cut or damage the lanyard or its components.
- Ensure all connections are secure, compatible, and safe.
- Use only with other CSA- or OH&S-compliant equipment as part of a complete fall protection system.
- Immediately remove this lanyard from service if it has been involved in a fall.

Refer to instruction manual for Fall Clearance calculation



CCK330 See Instructions