# **SPECIFICATION SHEET** Fall protection



# 11' Self Retracting Lifeline with Small Snap Hook

**CDK111** 

11' (3.4m)

This 11-foot self-retracting lifeline is engineered to minimize the risk of serious injury by minimizing free fall distance. It arrests falls due to a fast-acting braking system, ensuring maximum safety across a wide range of work environments. Compact and lightweight, it features a durable UHMWPE webbing with an integrated energy absorber to effectively absorb energy in a fall arrest event. A swivel aluminum carabiner helps prevent accidental disengagement, while the lightweight thermoplastic housing protects internal components without adding bulk.

Material	
Webbing	3/4", 19mm / UHMPWPE
Housing	Thermoplastic
Carabiner	Aluminum
Energy absorber	Polyester tear-away
Small Snap hook	Zinc Coated Steel

#### Capacity:

59-141kg (130-310lbs) (weight range including equipment)

#### Technical Data

- Maximum arresting distance: 1.2m (47")
- Average arresting force: 6kN, 1350lbs
- Maximum arresting force: 8kN, 1800lbs
- Maximum free fall: 0.6m (2')

Carabiner for quick connection to anchor connector

Lightweight thermoplastic housing

External energy absorber

Label protector and Instruction manual QR Code

Small double action, swivel, fall indicating snap hook with 3/4" opening, designed for secure connection to harness D-Ring



#### Certification

Certified

⇒ CSA Z259.2.2-17(R2022), Class SRL Meets and Exceeds

⇒ ANSI Z359.14-2021, Class 1

⇒ OSHA 29 CFR1910.66/1926.502

Connection point rotates 360 degrees to ensure that the unit

remains in the best orientation,

3/4", 19mm / **UHMPWPE** Webbing





Ensure the anchor point is positioned above the user's dorsal D-ring for optimal safety. During fall arrest, the lifeline must remain clear of any edges to prevent damage and ensure reliable performance

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#### **Associate Products**

Covers the ABC of fall protection: Anchor points, Body support (harnesses), Connecting devices (lanyards) - ensuring complete safety at height.

Harness CHK111











# Maintenance and Inspection

#### Maintenance

- Clean after each use to maintain safety and durability.
- Remove any dust, corrosive material or contaminants.
- If the fall protection system cannot be cleaned with clean water, use mild soap and water, then rinse and wipe dry.
- NEVER clean the fall protection system with corrosive materials.
- Hang to dry in a cool dry place and store in a bag when completely dry

## Inspection

- Before EVERY use, inspect the fall protection system for defects.
- IMMEDIATELY remove the fall protection system from service if any defects or damage are found, or if it is exposed to fall arrest forces.
- At least every 12 months, a competent person other than the user shall inspect the lanyard.

## **Important**

- Always follow the manufacturer's instructions provided with this SRL.
- Carefully read and fully understand all instructions before using the product.
- Improper use of this equipment can result in serious injury or death.
- Avoid contact with sharp edges or abrasive surfaces that could cut or damage the lanyard or its components.
- Ensure all connections are secure, compatible, and safe.
- Use only with other CSA- or OH&S-compliant equipment as part of a complete fall protection system.
- Immediately remove this lanyard from service if it has been involved in a fall.

Refer to instruction manual for Fall Clearance calculation



CDK10 See Instructions