SPECIFICATION SHEET Fall protection



11' Self Retracting Lifeline with Carabiner

CDK121

11' (3.4m)

This 11-foot self-retracting lifeline is engineered to minimize the risk of serious injury by minimizing free fall distance. It arrests falls due to a fast-acting braking system, ensuring maximum safety across a wide range of work environments. Compact and lightweight, it features a durable UHMWPE webbing with an integrated energy absorber to effectively absorb energy in a fall arrest event. A swivel aluminum carabiner helps prevent accidental disengagement, while the lightweight thermoplastic housing protects internal components without adding bulk.

Material	
Webbing	3/4", 19mm / UHMPWPE
Housing	Thermoplastic
Carabiner	Aluminum
Energy absorber	Polyester tear-away

Capacity:

59-141kg (130-310lbs) (weight range including equipment)

Technical Data

- Maximum arresting distance: 1.2m (47")
- Average arresting force: 6kN, 1350lbs
- Maximum arresting force: 8kN, 1800lbs
- Maximum free fall: 0.6m (2')

Carabiner for quick connection to **D-Ring harness**

Lightweight thermoplastic housing

External energy absorber

Label protector and Instruction manual QR Code

Certification

Certified

⇒ CSA Z259.2.2-17(R2022), Class SRL Meets and Exceeds

- ⇒ ANSI Z359.14-2021, Class 1
- ⇒ OSHA 29 CFR1910.66/1926.502

Connection point rotates 360

degrees to ensure that the unit remains in the best orientation,



Z259.2

3/4", 19mm / **UHMPWPE** Webbing



Different snap hook sizes are available for use with the carabiner, offering flexibility to suit various anchorage configurations. ♦ CSK101 / Small (¾" opening) ♦ CSK102 / Medium (2" opening)

- ♦ CSK103 / Large (2.3" opening)
- ♦ CSK104 / Large Aluminum (2.3" opening)
- ♦ CSK105 / X-Large (3" opening)

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Associate Products

Covers the ABC of fall protection: Anchor points, Body support (harnesses), Connecting devices (lanyards) - ensuring complete safety at height.

Harness CHK111











Maintenance and Inspection

Maintenance

- Clean after each use to maintain safety and durability.
- Remove any dust, corrosive material or contaminants.
- If the fall protection system cannot be cleaned with clean water, use mild soap and water, then rinse and wipe dry.
- NEVER clean the fall protection system with corrosive materials.
- Hang to dry in a cool dry place and store in a bag when completely dry

Inspection

- Before EVERY use, inspect the fall protection system for defects.
- IMMEDIATELY remove the fall protection system from service if any defects or damage are found, or if it is exposed to fall arrest forces.
- At least every 12 months, a competent person other than the user shall inspect the lanyard.

Important

- Always follow the manufacturer's instructions provided with this SRL.
- Carefully read and fully understand all instructions before using the product.
- Improper use of this equipment can result in serious injury or death.
- Avoid contact with sharp edges or abrasive surfaces that could cut or damage the lanyard or its components.
- Ensure all connections are secure, compatible, and safe.
- Use only with other CSA- or OH&S-compliant equipment as part of a complete fall protection system.
- Immediately remove this lanyard from service if it has been involved in a fall.

Refer to instruction manual for Fall Clearance calculation



CDK10 See Instructions