

SPECIFICATION SHEET

Fall protection



KOSTO
BUILT STRONG • BÂTI SOLIDE

X-PRO General Harness – with Chest Quick-Connect and Tongue Buckle Adjustments - 3 D-Rings, Class AP

CHK234

This **Kosto 6-point adjustable safety harness** is made from 100% polyester, offering superior resistance to chemicals and wear. Designed for optimal performance at height, it includes a **dorsal D-ring** and **two lateral D-rings** for secure and precise worker positioning. **Trauma suspension straps** are integrated, providing a complete, and ready-to-use fall protection system. Classified as **Class AP**, this harness combines enhanced comfort with reliable safety, making it an ideal choice for a wide range of professional applications. For added comfort, it features **breathable padding** with a honeycomb structure at the shoulders, back, and thighs, ensuring optimal airflow and reducing heat buildup during extended use. When in work positioning, the lightweight breathable lumbar pad provides maximum support and comfort.

Certification

- **CSA Z259.10-18, Class AP** certified
- Meets and exceeds:
 - ⇒ **ANSI Z359.11-2021, ANSI A10.32-23**
 - ⇒ **OSHA 1910, OSHA 1926 Subpart M**



Material	
Dorsal D-Ring	Aluminum
Side D-Ring	Zinc Coated Steel
Webbing	100% Polyester
Quick-Connect Buckle	Zinc Coated Steel
Adjusters	Zinc Coated Steel
Tongue buckle	Zinc Coated Steel

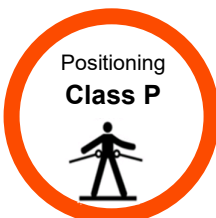
Size: S/M and L/XL

Capacity: 59-141kg (130-310lbs)

Technical Data

- Maximum arresting force: 8kN, 1800lbs
- Harness Stretch: 0.6m (2')
- Maximum Tensile Strength : 22kN, 5000lbs

6 adjustment points
⇒ 2 x legs,
⇒ 2 x body,
⇒ 1 x chest
⇒ 1 x waist



SPECIFICATION SHEET

Fall protection



KOSTO
BUILT STRONG • BÂTI SOLIDE

Associate Products

Covers the ABC of fall protection: Anchor points, Body support (harnesses), Connecting devices (lanyards) - ensuring complete safety at height.

Harness
CHK135



Harness XPRO
CHK238



Connecting elements

Lanyards CLK



Self-Retracting Lifeline
CDK



Anchor
CAK



Tool Lanyard
CAK030



Carrying Bag
XKW030



D-ring Extension
CCK118



Maintenance and Inspection

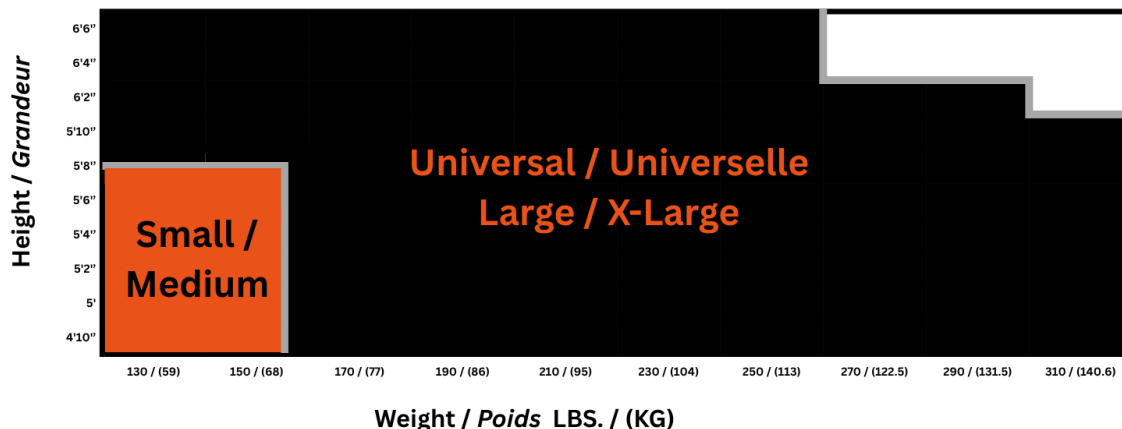
Maintenance

- Clean after each use to maintain safety and durability.
- Remove any dust, corrosive material or contaminants.
- If the fall protection system cannot be cleaned with clean water, use mild soap and water, then rinse and wipe dry.
- NEVER clean the fall protection system with corrosive materials.
- Hang to dry in a cool dry place and store in a bag when completely dry

Inspection

- Before EVERY use, inspect the fall protection system for defects.
- IMMEDIATELY remove the fall protection system from service if any defects or damage are found, or if it is exposed to fall arrest forces.
- At least every 12 months, a competent person other than the user shall inspect the harness.

Sizing Chart



For all applications: work weight capacity range (including all clothing, tools, and equipment) is 130-310lbs.



CHK23
See Instructions