

# SPECIFICATION SHEET

## Fall protection



**KOSTO**  
BUILT STRONG • BÂTI SOLIDE

### X-PRO General Harness – with Chest Quick-Connect and Tongue Buckle Adjustments - 3 D-Rings, Class AP

#### CHK235

This **Kosto 5-point adjustable safety harness** is made from 100% polyester, offering superior resistance to chemicals and wear. Designed for optimal performance at height, it includes a **dorsal D-ring** and **two lateral D-rings** for secure and precise worker positioning. **Trauma suspension straps** are integrated, providing a complete, and ready-to-use fall protection system. Classified as **Class AP**, this harness combines enhanced comfort with reliable safety, making it an ideal choice for a wide range of professional applications. For added comfort, it features **breathable padding** with a honeycomb structure at the shoulders and thighs, ensuring optimal airflow and reducing heat buildup during extended use.

Material	
Dorsal D-Ring	Aluminum
Side D-Ring	Zinc Coated Steel
Webbing	100% Polyester
Quick-Connect Buckle	Zinc Coated Steel
Adjusters	Zinc Coated Steel
Tongue buckle	Zinc Coated Steel

**Size:** S/M and L/XL

#### Certification

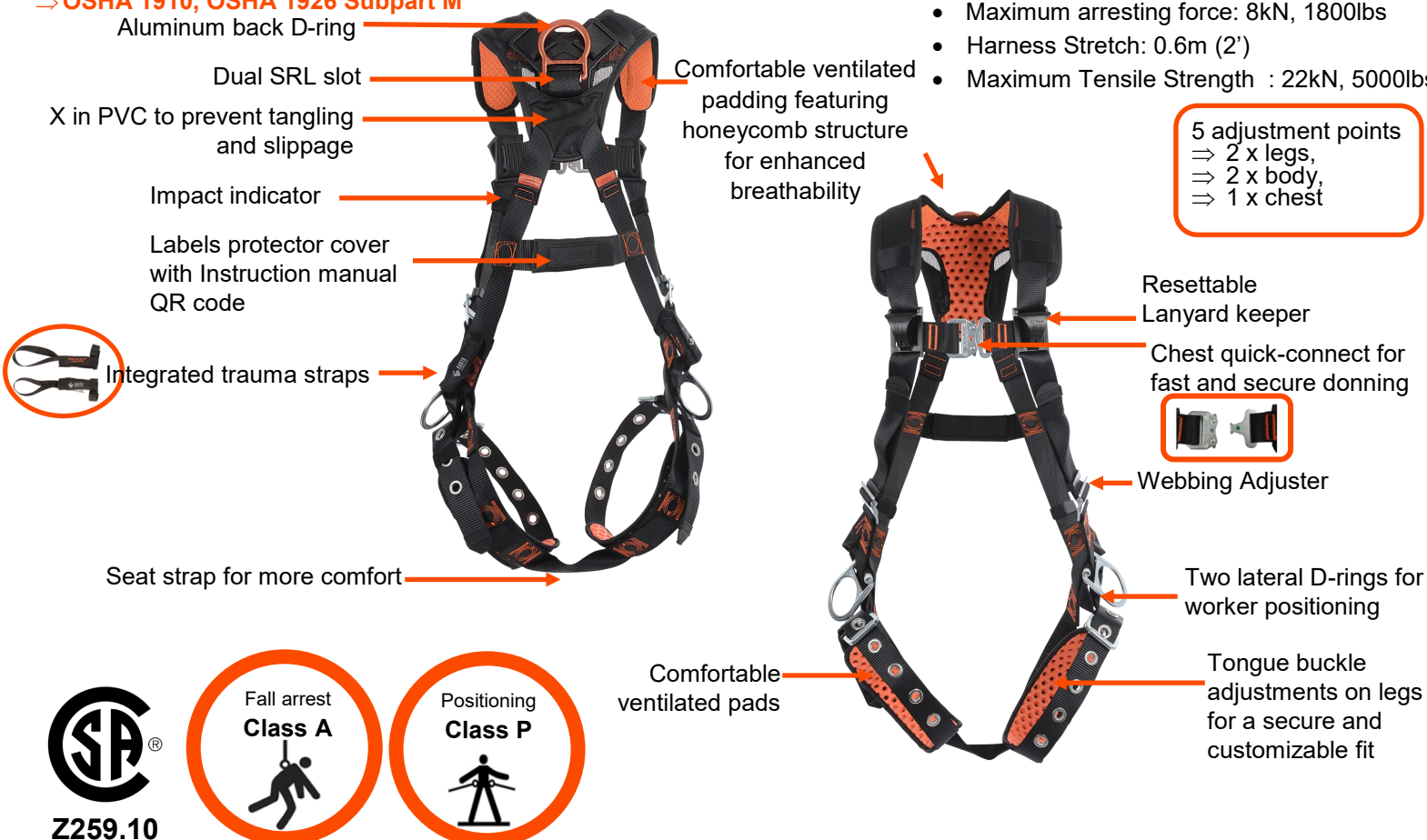
- **CSA Z259.10-18, Class AP** certified
- Meets and exceeds:
  - ⇒ **ANSI Z359.11-2021, ANSI A10.32-23**
  - ⇒ **OSHA 1910, OSHA 1926 Subpart M**

**Capacity:** 59-141kg (130-310lbs)

#### Technical Data

- Maximum arresting force: 8kN, 1800lbs
- Harness Stretch: 0.6m (2')
- Maximum Tensile Strength : 22kN, 5000lbs

5 adjustment points  
⇒ 2 x legs,  
⇒ 2 x body,  
⇒ 1 x chest



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### Associate Products

Covers the ABC of fall protection: Anchor points, Body support (harnesses), Connecting devices (lanyards) - ensuring complete safety at height.

Harness  
**CHK135**



Harness XPRO  
**CHK238**



#### Connecting elements

Lanyards CLK



Self-Retracting Lifeline  
CDK



Anchor  
**CAK**



Tool Lanyard  
**CAK030**



Carrying Bag  
**XKW030**



D-ring Extension  
**CCK118**



### Maintenance and Inspection

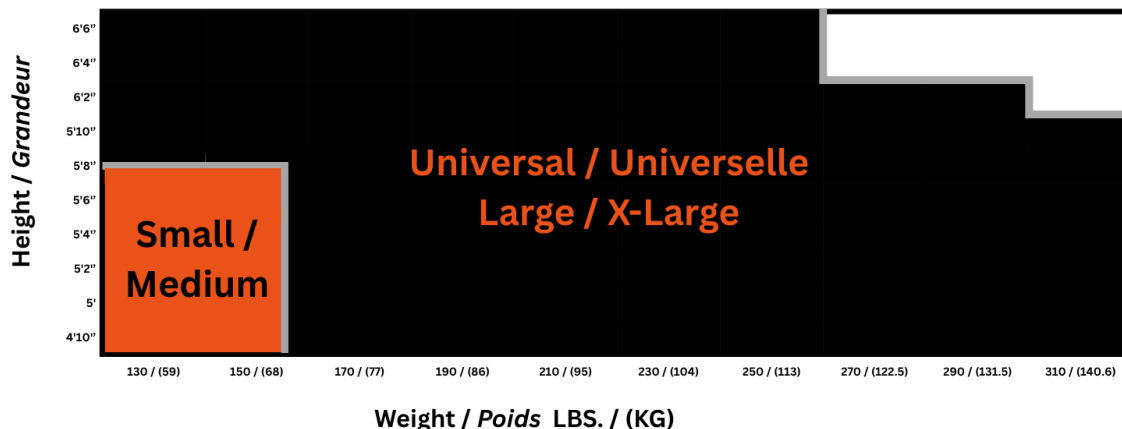
#### Maintenance

- Clean after each use to maintain safety and durability.
- Remove any dust, corrosive material or contaminants.
- If the fall protection system cannot be cleaned with clean water, use mild soap and water, then rinse and wipe dry.
- NEVER clean the fall protection system with corrosive materials.
- Hang to dry in a cool dry place and store in a bag when completely dry

#### Inspection

- Before EVERY use, inspect the fall protection system for defects.
- IMMEDIATELY remove the fall protection system from service if any defects or damage are found, or if it is exposed to fall arrest forces.
- At least every 12 months, a competent person other than the user shall inspect the harness.

### Sizing Chart



For all applications: work weight capacity range (including all clothing, tools, and equipment) is 130-310lbs.



**CHK23**  
See Instructions

PROTECTION • RELIABILITY • VALUE

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